

												Allergens							
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Egg	Fish	Shellfish	Milk	Soy	Wheat/ Gluten	Peanut	Tree Nut
Appetizers																			
Stuffed Mushrooms	290	140	15	4.5	0	15	620	27	2	6	11				•	•			
Fried Calamari	310	130	14	2.5	0	135	630	32	1	0	13		•			•			
Nachos with Ground Beef	310	180	20	8	0	50	540	17	1	4	15				•	•	•		
Salads																			
Greek Salad	250	140	16	8	0	30	1370	15	4	6	11				•	•			
Grilled Chicken Salad	520	280	31	17	0	320	1670	10	3	4	51	•			•				
Caesar Salad	170	80	9	6	0	6	390	7	2	4	14	•	•		•	•			
Sandwiches/Burgers																			
Roast Beef Sandwich	360	120	13	4.5	0	45	960	37	2	5	23				•		•		
Turkey Wrap	680	340	38	8	0	107	953	56	6	4	29				•		•		
Cheeseburger	290	130	14	7	1	40	890	26	1	5	16				•		•		
Entrees																			
Pasta Primavera	150	15	1.5	0	0	15	260	27	3	7	7				•	•	•		
Chicken Quesadillas	630	270	30	15	1	108	1530	51	2	2	38				•		•		
6 oz Sirloin	230	80	9	4.5	0.5	85	590	0	0	0	36								
Desserts																			
Red Velvet Cake	480	230	26	7	5	25	330	58	0	47	3	•			•	•	•		
Cheesecake	370	170	19	10	2	5	450	45	1	35	5	•			•		•		
Blondie	350	130	14	9	1.5	70	25	52	0	39	3	•			•	•	•		